

# [ EDITORIALIST ]

SPRING/SUMMER 2018

## ICONS

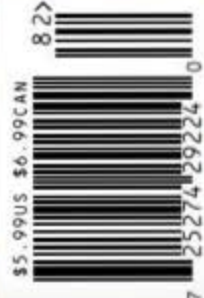
*The Designers,  
Influencers &  
Business Leaders  
Changing the  
Landscape  
in 2018*

## The INDEX

Your Definitive Guide  
to Spring's **500+** Looks  
& How to Wear Them

# Turning POINT

*Supermodel Toni Garrn on her next role as  
activist entrepreneur—and leading lady*







DIOR  
Dior Addict Lacquer  
Plump, \$32

## PLUMP IT UP

Make a bold, saturated pout your best accessory this season with Dior's new Dior Addict Lacquer Plump. Available in 19 glossy, highly pigmented shades, this ultra lightweight formula has a luxurious oil-like texture that softens and hydrates lips for an instantly plump finish, while the sculpted, easy-to-use tip negates the need for any additional liners or brushes.



CHANTECAILLE  
Anti-Pollution Mattifying  
Cream, \$98.

ROYAL FERN  
Phytoactive Hydra-Firm  
Intense Mask, \$180.  
DR. BARBARA STURM  
MOLECULAR COSMETICS  
Anti-Pollution Drops, \$145.



# ANTI-POLLUTANTS

We've all heard about the harmful effects that air pollution can have on our health and the environment, but what about the effects it has on our skin? "Every day, our skin is bombarded with environmental poisons including industrial pollution, tobacco smoke, particulate matter from auto tailpipes, and heavy metals," says German chemist turned beauty guru Dr. Barbara Sturm. "These pollutants have tremendous effect not only on our skin, in terms of premature aging and inflammatory skin conditions, but when our skin's barrier function is impaired, the toxins also use the skin as an inlet into our bodies and other organs, causing a wide range of disease."

Thankfully, beauty companies have been quick to react, unveiling an entirely new category of luxury products designed specifically to combat these harmful particles. Among the most anticipated launches is Dr. Sturm's new **Anti-Pollution Drops**—an antioxidant-rich serum that can be mixed in with your daily skin-care products to help block out pollutants and strengthen the skin's natural defenses against environmental stressors. Chantecaille's **Anti-Pollution Mattifying Cream**, meanwhile, is formulated with white horehound stem cell and lentil extracts to help shrink pores and create a shield against damage-causing free radicals, while Royal Fern's **Phytoactive Hydra-Firm Intense Mask** utilizes a potent mix of botanical actives to help neutralize free radicals and reduce the overall signs of aging.

WRITTEN BY **ALYSSA MONTEMURRO**



## INSTALIFT

Celebrity dermatologist Dennis Gross discusses the latest minimally invasive antiaging procedure that could help take years off your face—no scalpel required.

If the thought of undergoing a traditional facelift is enough to send shivers down your spine, consider **Silhouette InstaLift**. Recently approved by the FDA, this minimally invasive procedure may just be the world's answer to younger, tighter-looking skin sans all of the cutting, stitching and bruising common of traditional nip/tucks. "This really is the alternative we've been waiting for in terms of being able to specifically target a patient's need for a lift," says Dennis Gross, the Manhattan-based dermatologist behind the flawless skin of Rosie Huntington-Whiteley, Selena Gomez and Olivia Palermo. "It's for someone who does not want plastic surgery but whose skin would really benefit by lifting it in the same direction as a traditional facelift."

Promising to deliver natural-looking results with little to no downtime, **InstaLift** is a relatively straightforward procedure that involves weaving specially formulated dissolvable sutures equipped with bidirectional cones through the facial tissue to instantly lift and reposition the planes of the face. These tiny threads, which are made from a synthetic material called polylactic acid, actually create a controlled injury under the skin, essentially tricking the body into creating scar tissue around them and, as a result, stimulating the production of new collagen over the course of several months. Consequently, skin will appear not only more lifted but also significantly more voluminous, with results lasting for about two years, depending on the patient.

While the treatment is considered minimally invasive, Gross does warn that patients may still experience some slight bruising or redness at the sites where the threads are inserted. Still, that's a far cry from the extensive recovery time typically required of most surgical facelifts. "My patients love the fact that they leave [my office] looking very natural," says Gross. "With **Silhouette InstaLift**, it's still your own skin, your own face, so you can't help but look like yourself. That's what natural means, after all—you look like yourself but just with the clock turned back a bit."

*Silhouette InstaLift is now available by appointment at the Dr. Dennis Gross Dermatology office in Manhattan, with prices starting at \$3,500. Visit [dennissgrossmd.com](http://dennissgrossmd.com).*